

# 9/14/2023

### SSWSC Junior Coach Program

This program is designed to mentor and inspire middle to high school aged youth to explore sport from a coach perspective. The Junior Coach program fosters the development of leadership skills, organizational skills, independence, communication, professionalism, public speaking, commitment and follow through. Participants will gain knowledge on the progressions of foundational skiing skills and technical knowledge of alpine skiing while also exploring the theory of coaching. The program welcomes youth to be a member of the SSWSC in a non-competitive environment while sharing their passion for snowsport with other likeminded individuals.

# Junior Coach Partner (6<sup>th</sup>-11<sup>th</sup> grade participants)

The partner program is for those individuals that are interested in learning more about coaching. This is the most flexible of the junior coaching programs, allowing individuals to dictate the schedule that works best for them. We ask that a Junior Coach Partner provides us with a monthly schedule of availability. The junior coach will be paired with a senior coach for each training session. They may rotate groups during the season to accommodate SSWSC needs.

Requirements:

- Complete the <u>SSWSS Junior Coach Program Application</u>. The application process is the first step of responsibility and ownership of this program.
- If coaching on weekends, jr coach partner will need to obtain an IKON pass on their own.

Benefits:

- Applicants will be provided with a complimentary Howelsen Hill ski pass.
- End of season gift based on their hour commitment.
- End of training self-reflection.

Junior Coach Intern (6<sup>th</sup>-11<sup>th</sup> Grade participants)

The Junior Coach Intern is interested in volunteering 1-2 days per week and is committed to attending 10 Saturdays or Sundays during the season. Additional optional training will be available during the season to train with other junior interns or coach apprentices. Requirements:

- Complete the <u>SSWSS Junior Coach Program Application</u>. The application process is the first step of responsibility and ownership of this program.
- The program is a 12-week program that includes one weeknight/month of training and one weekend day of junior coaching.
  - Monthly weeknight training would consist of improving their ski skills, breaking down fundamental skills, and learning teaching progressions.
  - Weekend training would consist of placement with a senior coach and helping lead a group of U8 or U6 skiers.
- Junior Interns in 9<sup>th</sup>-12<sup>th</sup> grade are required to complete Safesport with parental approval. Cost of \$20 will be reimbursed by SSWSC with completion certificate.

# Benefits:

- Accepted individuals would be provided with a SSWSC coach pass or \$100 toward the expense of an IKON pass, and a complimentary Howelsen Hill ski pass.
- Coach Interns will earn Work Deposit (if involved in winter programs) 15 pts/hr.
  - If not in a winter program, coach interns can earn credit on family fees according to hours worked.
- End of season gift and self-reflection
- Letter of Recommendation

# Coach Apprentice Program (10th-12th grade participants)

The apprentice program is for those individuals interested in exploring the path of coaching. The hope of an apprentice is to become a senior coach the following year. Apprentices will earn high school intern or work-based learning credit for the spring semester and a Professional Ski Instructors of America (PSIA) certification. The program is a 15-week program that would consist of one night a week of on-snow technical training or classroom theory and one morning on the weekend of practical coaching experience.

- Weeknight training would consist of improving their ski skills, breaking down fundamental skills, learning teaching progressions, coaching theory.
- Weekend training would consist of placement with a senior coach and helping lead a group of U6 or U8 skiers.

Requirements:

- Complete the <u>SSWSS Junior Coach Program Application</u>.
- Must be able to commit to entire season of training with minimal absences.

- Coach Apprentices would work toward PSIA certification through the season. SSWSC will cover the cost of PSIA and US Ski and Snowboard membership and PSIA certification.
  - PSIA Membership: \$125 (age 16 and older)
  - PSIA Cert 1: \$330 (age 16 and older)
    - PSIA Child Specialist Cert 1: \$220 (pre-req Cert 1)
  - PSIA Jr Coach Certificate: \$25 (age 15 and younger)
- Coach Apprentices will obtain a US Ski and Snowboard Junior Coach license (\$75) and complete the necessary requirements including SafeSport, Coaching Fundamentals, Avalanche Awareness, and background check if over 18y.

#### Benefits:

- Accepted candidates would receive a SSWSC coach pass or \$100 towards the expense of an IKON pass and a complimentary Howelsen Hill ski pass.
- Waived SSWSC program Work Deposit (if involved in winter programs)
- Program credit of 50% of the cost of the program they coach.
- Steamboat Springs High School Intern credit this program qualifies for a SSHS internship credit.
- Guaranteed paid coaching position the following season.
- PSIA certification.
- Letter of Recommendation
- End of season gift and self-reflection