

UCHealth SportsMed Clinic Offerings





Contact: Sady Tobin Director of Strength & Conditioning <u>stobin@sswsc.org</u> 518.420.7021

SSWSC Screenings

A reminder to all families, coaches and athletes that our partnership with UCHealth SportsMed provides free consult & a discounted injury screening for our athletes.

When to use a free consult? The "tweaks"

An SSWSC athlete or staff member experiences a new injury. Think of a tweak, or pain that you can't quite figure out what to do about... this is your free consult. The SportsMed team will then consult with you on the next step for treatment or further diagnosis.

When to use a \$10 sports injury screen?

The "tune up"

The opportunity to get an irritating problem checked out at a reasonable price. Sports injury screenings cost \$10 and do not require a physician's order. Think of an old knee injury that becomes aggravated again and needs an assessment for further steps.

To set up an appointment:

Call 970-871-2370 Identify as an SSWSC athlete or staff member Clarify if you need a free consult or sports injury screen Be seen & educated on next steps SportsMed will work directly with Strength & Conditioning Director for recovery or next step plans.

Need consistent, on-going care for an injury?

If you are under the care of an MD secondary to your injury or are in postoperative care and need to continue rehab, then book a full appointment with a physical therapist.

UCHealth SportsMed Clinic - SSWSC Partnership Website