

Old Town Hot Springs Partnership

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Old Town Hot Springs Website

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OTHS Facilities & Offerings

As additional training options for our SSWSC athletes, we are working on continuously reaching out to the community to provide new opportunities, variety, and simply more space for our hard-working athletes. Old Town Hot Springs is an amazing facility for SSWSC athletes, coaches, and staff to take advantage of for training as we head into the winter season. Due to COVID protocol and safety measures, there is limited capacity for team trainings at the SSWSC DeHaven Strength and Conditioning Center this winter. Athletes will be provided a program to complete on their own with home equipment or use the options below thanks to our partnership with OTHS.

Pricing Options:

- 1. SSWSC Athlete Drop In Rate- \$8 per visit please pay at time of visit
 - SSWSC Yearly Membership Pricing available to all currently enrolled athletes, coaches, & staff. See the attached pricing sheet for details & application process. Membership Form & Pricing

Old Town Hot Springs Updates and Protocol:

Effective Friday, November 20th at 12pm, OTHS will be issuing walk-up reservations based on current capacity.

If there is space at our hot pools, lap pools, or fitness center when you arrive to our facility, we will issue you a two-hour reservation for you and your party. These reservations will not be accepted in advance and will be based on our current capacity.

What to expect when you arrive:

• When you arrive at our facility, you will have to sign our waiver of acknowledgment that states that you do not have COVID-19 symptoms and will adhere to our policies.

• You will then check in at our Front Desk who will inform you if there is currently space at our hot pools, lap pool, or fitness center (includes the climbing wall).

• If there is space for you and your entire party at that time, we will issue you a two-hour reservation, along with taking <u>payment</u> for your visit if you are a guest.

• If there is no space available at the time you arrive you can choose to wait until a current reservation is completed or come back at another time.

• You will be required to check out once you have completed your visit or have exhausted the two-hour reservation.